



CENTER FOR PEER EXCELLENCE
WE ARE HERE TO SUPPORT YOU



Bridgehaven
MENTAL HEALTH SERVICES
Providing Hope and Recovery

Meet Tessa Fain, Peer Support Specialist



Hi! My name is Theresa but everyone calls me Tessa. I'm from Winchester, Ky. I have Borderline Personality Disorder, Panic Disorder, severe depression and anxiety. I became a peer support specialist for the deaf community because I think I can make a difference in someone's life. I did not have someone who can relate to my hearing loss while I was getting the help I needed. I think we need to have deaf peer specialists to advocate to others that are going through the same issues I did. I'm here to give you hope and help you in your recovery process.



SCAN ME

For more information about the Bridgehaven Center for Peer Excellence, scan our QR Code. To request or refer someone for peer support services, please contact Brad Leedy at BLEedy@bridgehaven.org or 502-585-9444 for voice calls. Questions via Text/Marco Polo/FaceTime can be sent to Michelle Niehaus (Michelle.Niehaus@ky.gov) at 502-892-9122 or 502-385-0460 (VP).

This project is a partnership between Bridgehaven and the Kentucky Department for Behavioral Health, Developmental, & Intellectual Disabilities.