



CENTER FOR PEER EXCELLENCE

WE ARE HERE TO SUPPORT YOU



**Bridgehaven**  
MENTAL HEALTH SERVICES  
*Providing Hope and Recovery*

## Meet Maria Castle, Peer Support Specialist



**Hello! My name is Maria, and I am a Peer Support Specialist in Brooksville, KY. I have experienced struggling trying to find help for myself as an adult. The language barrier and feelings of being judged were my concerns. Fortunately, I was able to overcome my fear and find someone to talk to! Do you have issues that you want to get off your chest, but are afraid? Don't be! I want to give back to Deaf and Hard of Hearing community by telling my story and hope to walk with you in your journey to recovery!**



**SCAN ME**

For more information about the Bridgehaven Center for Peer Excellence, scan our QR Code. To request or refer someone for peer support services, please contact Brad Leedy at [BLEedy@bridgehaven.org](mailto:BLEedy@bridgehaven.org) or 502-585-9444 for voice calls. Questions via Text/Marco Polo/FaceTime can be sent to Michelle Niehaus ([Michelle.Niehaus@ky.gov](mailto:Michelle.Niehaus@ky.gov)) at 502-892-9122 or 502-385-0460 (VP).

This project is a partnership between Bridgehaven and the Kentucky Department for Behavioral Health, Developmental, & Intellectual Disabilities.